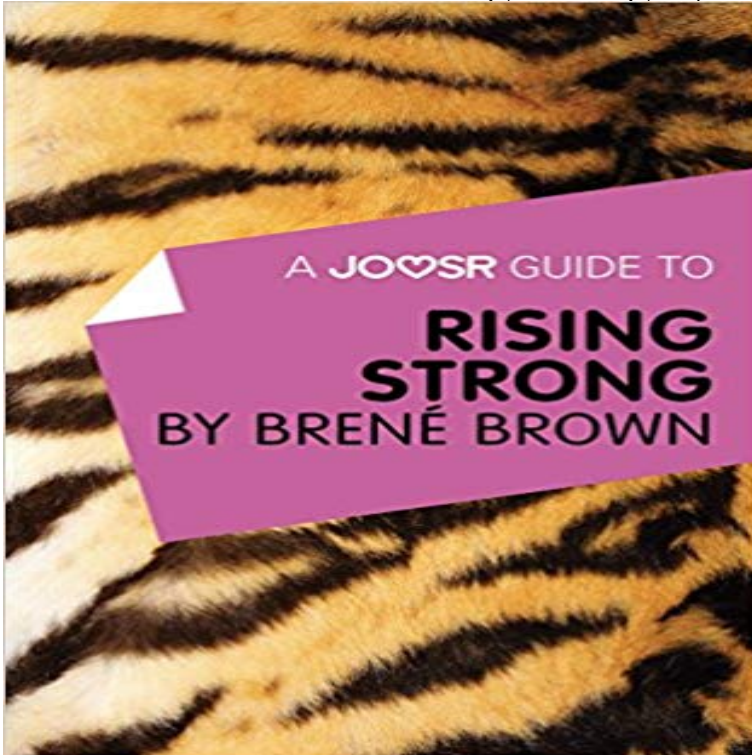


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- Why writing down your failure story can help you address your feelings
- What kind of feelings failure brings out of you, and how you can work through them
- Why asking for help handling your feelings in a failure is a good thing.

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